

Targeting Need



Community

Education

Employment

Health

Poverty

Hampshire & Isle of Wight Community Foundation
Impact Report 2016

HiWCF
LOCAL GIVING FOR LOCAL NEEDS

Introduction

Welcome to Hampshire & Isle of Wight Community Foundation's (HIWCF) first Impact Report, where we have undertaken detailed analysis of 431 grants worth over £1 million distributed in our area in 2016*. We have sifted our data by local districts, wards, indices of multiple deprivation (IMD 2015), age, number of and grant spend per beneficiary and volunteer positions created. Our analysis focuses on grant spending for projects across the 12 themes below:

Arts Culture & Heritage, Community & Family Support, Counselling, Advice & Mentoring, Crime & Anti-social Behaviour, Education & Training, Employment & Labour, Environment & Rural, Healthy Living & Sport, Housing & Homelessness, Mental or Physical Ill-health & Disability, Poverty & Disadvantage, Social Inclusion and Fairness & Equality

As a Community Foundation managing significant funds on behalf of local families, businesses and government, we are delighted to share these results with you to demonstrate the difference those donations and grants are making in our local communities; and to better target our future work to meet identified need.

Whether you are an individual, company, charitable trust or statutory organisation, if you feel passionate

about helping those less fortunate in your community we can connect you with the dynamic grassroots causes that make change happen across Hampshire and the Isle of Wight.

Yours sincerely,



Jonathan Cheshire
HIWCF Chairman

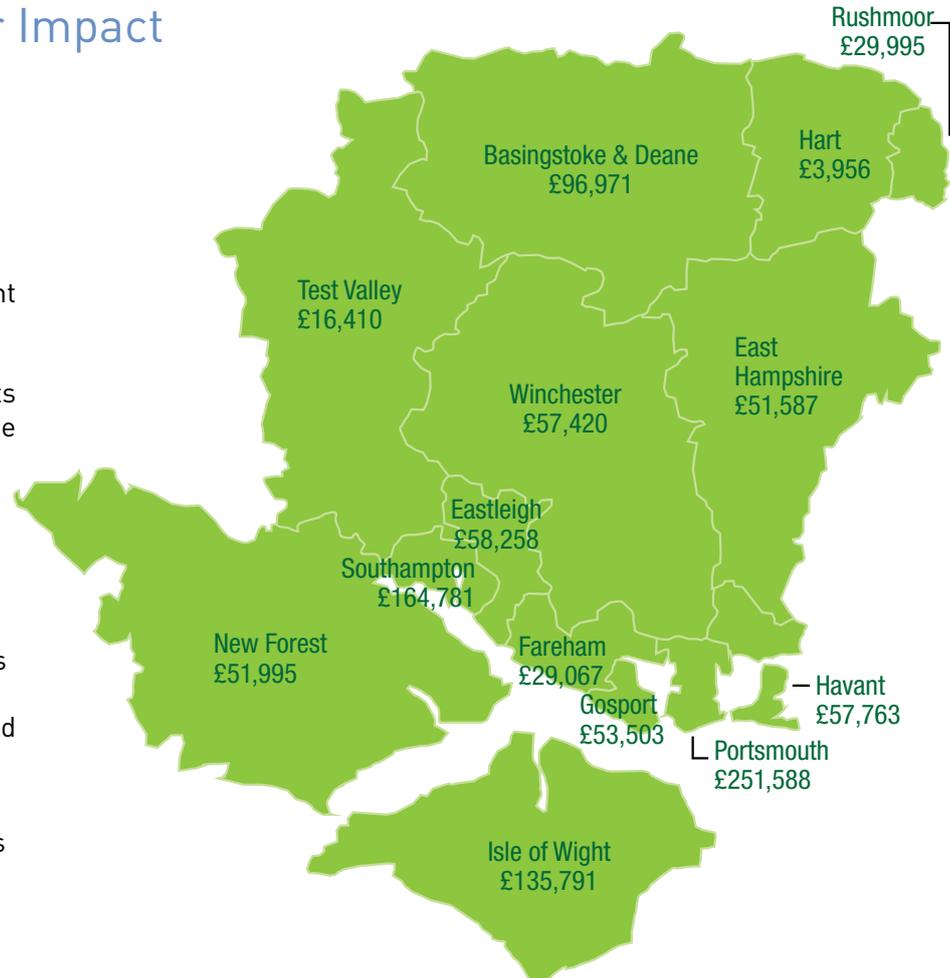


**Grants made to organisations outside of Hampshire & Isle of Wight are not included.*

Where we make our Impact

As a community of 1.9 million people, Hampshire, Isle of Wight, Portsmouth and Southampton contain a wide variety of social demographics, income brackets, age profiles, historical content, coastal activity, urban development and rural farming areas with an economy worth over £48 billion. However, the area contains pockets of deprivation that are amongst the most severe in the country, with 46 areas falling within the 10% most deprived areas in England, according to IMD data, with a further 68 areas falling into the 11% to 20% most deprived areas. HIWCF support the many charities and voluntary groups working tirelessly to address the issues and inequalities facing local people.

The map opposite shows how our grant spending was shared across the region.



Need in Our Area

In 2016, 32% of HIWCF grants supported communities in the 25 most deprived areas in our region.

The most deprived ward of Charles Dickens in Portsmouth received 2.7 times more grants than any other ward representing 51 grants totalling £134,745.

HIWCF actively encourages local charities and community groups in areas with rates of high deprivation to apply for grants.

Of the 25 most deprived wards in Hampshire, Isle of Wight, Portsmouth and Southampton according to the IMD 2015, HIWCF has funded the below localities:

Most Deprived Wards		District	IMD Rank	Value of Grants
1	Charles Dickens	Portsmouth	2766	£134,745
2	Battins	Havant	3997	£15,445
3	Grange	Gosport	4839	£17,222
4	Bitterne	Southampton	5416	£7,803
5	Redbridge	Southampton	5482	£14,759
6	Bondfields	Havant	5592	£6,048
7	Town	Gosport	6044	£27,140
8	Nelson	Portsmouth	6383	£18,812
9	Ryde North East	Isle of Wight	6434	£5,185
10	Ventnor East	Isle of Wight	6757	£2,100
11	Barncroft	Havant	6772	£10,868
12	Newport Central	Isle of Wight	6857	£16,142
13	Paulsgrove	Portsmouth	6981	£4,890
14	Bevois	Southampton	7016	£48,653
15	Fratton	Portsmouth	7556	£14,641
16	Sandown North	Isle of Wight	8239	£921
17	Woolston	Southampton	8547	£5,000
18	Swaythling	Southampton	9892	£6,481
19	Shanklin South	Isle of Wight	10149	£3,590
			Total	£360,445

Our Impact in the Community

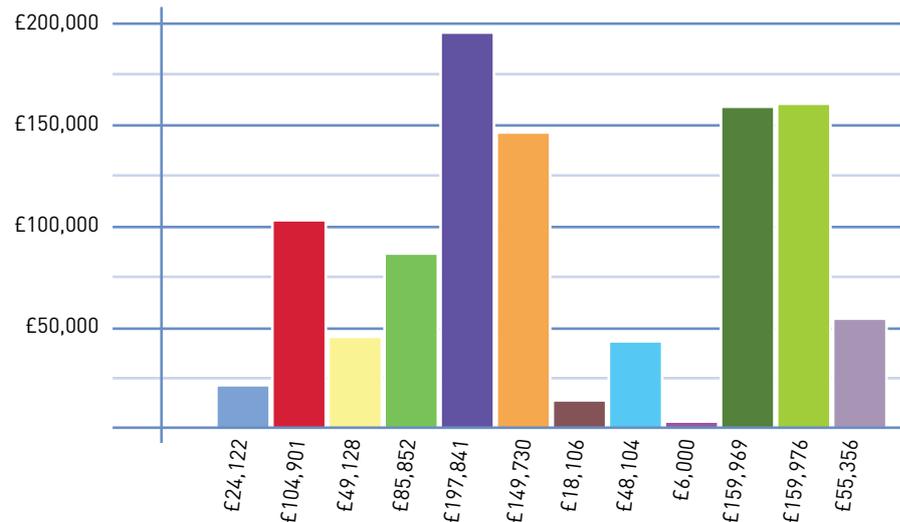
HIWCF invests in local communities to enable them to thrive, and we face a great sense of urgency in raising new funds to meet the growing needs of local people.

In 2016, the Grants Team processed 884 application submissions requesting £3,920,234, with 563 applications totalling £1,930,865 invited to the full submission process. This resulted in 431 grant awards of £1,059,084 to groups across Hampshire and the Isle of Wight.

In 2016 the majority of our grants awards went to local groups running projects focusing on 'Education & Training', 'Poverty & Disadvantage' and 'Mental or Physical Ill-health & Disability', with 49% of HIWCF grant funding covering these three issues.

Grants by Issue

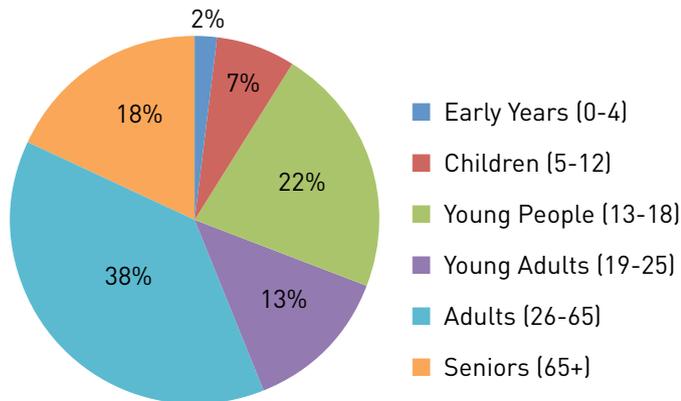
- Arts Culture & Heritage
- Community & Family Support
- Counselling, Advice & Mentoring
- Crime & Anti-social Behaviour
- Education & Training
- Employment & Labour
- Environment & Rural
- Healthy Living & Sport
- Housing & Homelessness
- Mental or Physical Ill-health & Disability
- Poverty & Disadvantage
- Social Inclusion and Fairness & Equality



2016 Group Beneficiaries

In 2016 HIWCF grants supported a total of 46,988 beneficiaries.

Grants for 'Mental or Physical Ill-health & Disability' benefitted the most people, followed closely by grants supporting 'Community & Family'.



Numbers of Beneficiaries supported by Issue



We spent an average of £22.00 per beneficiary

Age Groups Supported

The majority of grant funding at £407,689 supported adults in the 26-65 age bracket with the 0-4 age group receiving the least amount at £24,617.

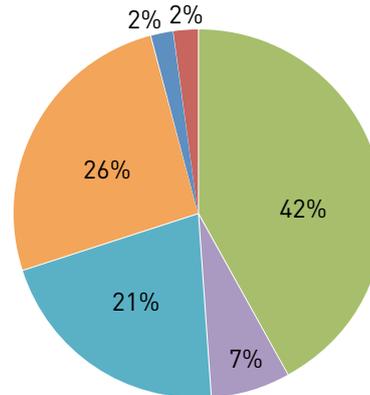
Approximately 21,471 volunteer positions were created

HIWCF Impact Categories

HIWCF analyses grant spending across six impact categories as shown in the pie chart below. The chart identifies the amount of funding across each impact category, based on the 431 grants awarded across Hampshire and Isle of Wight in 2016, totalling £1,059,084.

Impact Categories 2016

- Improve life skills, education, employability and enterprise - £438,825
- Maximise ability to strengthen community cohesion and build social capacity - £68,909
- Promote reduction of isolation, disadvantage and access to local services - £225,720
- Advance people's physical and mental health, wellbeing and safety - £280,380
- Connect people with the arts, culture and heritage - £20,076
- Transform access to, and engagement with, the environment and public spaces - £25,174



42% of grant funding went towards improving life skills, education, employability and enterprise, with 26% advancing people's physical and mental health, wellbeing and safety.





Arts, Culture & Heritage Supporting Young People

HIWCF grants connected disadvantaged people with the arts, culture and heritage by enabling local groups to provide dance therapy programmes, delivering art workshops for disengaged young people and funding entry for disadvantaged families into places of historical interest that they would otherwise be unable to visit. Youth group theatre productions were able to hire venues, while structured musical learning opportunities were made available for young people.

- 18 grants totalling £24,122
- Approximately 2,096 people benefitted, mostly in Havant
- 54% of grant funding went to the 25 most deprived wards
- 67% of grants supported young people aged 13-18

Case Study: Urban Vocal Group (UVG)

UVG provides a fantastic opportunity to develop personal, social and vocational skills in young people aged 11 to 18, many of whom live in disadvantaged areas, through participation in music.

Their grant contributed towards teaching sessions and workshops covering group vocals, song writing and performance skills in a professional music environment. Participants are encouraged to develop excellent vocal health through a healthy lifestyle particularly in relation to smoking and diet and the focus is on enabling participants to become more confident, focused and motivated.

In a 2015 survey of 46 singers past and present, the UVG found that 100% were not classified as NEET (Not In Education, Employment or Training) which is a really positive result for the charity.



Urban Vocal Group Performance.



Community & Family Support

Almost 10% of our grant spending went towards providing community and family support. Funding enabled local groups to provide travel for children and young adults with disabilities to take a trip out with their peers and have some fun. Film clubs enabled 'young at heart' members to meet up, Christmas lunches were organised for seniors and programmes to improve the wellbeing of mums with post-natal depression and those living with dementia reached those in need.

- 70 grants totalling £104,901
- Approximately 7,323 people benefitted
- 24% of grant spending went to the 25 most deprived wards
- 38% of grants went towards promoting reduction of isolation, disadvantage and access to local services
- 31% of grants supported seniors aged 65 and over

Case Study: Home Start North West Hampshire

Home Start North West Hampshire's grant helped to provide additional support for mothers with depression, particularly post-natal depression.

The grant enabled training for volunteers, working with a psychotherapist to develop specific support strategies, to ensure they felt confident in dealing with parents, families and their needs. The volunteers act as a role model building a relationship and providing home-visiting and group support for parents with young children.

Home Start groups are also held to allow families and young children to meet and interact with each other and learn the social skills of playing and sharing. Healthy snacks are provided and each week there is a different craft activity allowing the children to get creative.



Home Start children's craft activity group.



Counselling, Advice and Mentoring

HIWCF supported therapeutic counselling services for victims of rape and sexual abuse, and provided advice for women living with or recovering from breast cancer. Afterschool youth counselling sessions were established for young people and an armed forces drop-in centre supported and protected the wellbeing of members. Information was provided for older people who were unable to access advice centres due to mobility issues, while advice was given to seniors to enable them to live independently in their own homes.

- 11 grants totalling £49,128
- Approximately 2,107 people benefitted
- 44% of grants funding went to the 25 most deprived wards
- 35% of funding went towards 'Advancing people's physical and mental health, wellbeing and safety'
- 45% of grants supported young people aged 13-18

Case Study: Off The Record

Off The Record's grant provided one-to-one counselling sessions to 80 young people on the waiting list, many referred either by their GP or the Child and Adolescent Mental Health Services (CAMHS). Off The Record delivers early intervention to prevent problems of low self-confidence and low self-esteem developing into a breakdown in mental health and/or accompanying anti-social, harmful behaviour.

The grant supported afterschool sessions for 11-16 and 17-19 year olds held by trained staff, keeping the young people engaged in the process through art and craft work and the group has a strong track record of helping young people to address their difficulties before they get drawn into a downward spiral.



Off The Record's counselling keeps young people engaged through art and craft work



Crime & Anti-social Behaviour

Funding enabled local groups to provide a prison awareness project to reduce offending, assistance for victims of domestic abuse and a programme enabling reporting of hate crimes. Grants also helped ex-service personnel who'd been through the criminal justice system and encouraged Hampshire Mock Trial Competitions in local schools, as well as providing opportunities and activities for disengaged youths to receive education and training with a view to entering the workplace.

- 40 grants totalling £85,852
- 26% spent in the most deprived district Southampton
- Approximately 6,238 people benefitted
- 48% of funding went towards advancing people's physical and mental health, wellbeing and safety
- 48% of grants supported young people aged 13-18

Case Study: Lordshill Youth Project

A team of dedicated and trained youth workers at Lordshill Youth Project work to identify disadvantaged, vulnerable and disengaged young people in need of support. Young people are then given opportunities to develop life skills to maximise their employment chances and police data indicates that anti-social behaviour incidents have reduced by 20% when the project is operational. The grant enabled staff to build further relationships with the 20 young people, through organising a residential trip to a youth activity centre in the New Forest. For many this was their first time away from home, enabling them to get involved in high rope courses, bush-craft and archery. After the trip, 85% of participants reported that they were more aware of the effect of anti-social behaviour on others; and 100% had a greater understanding of the effects of drugs and alcohol.



Lordshill Youth Project working as a team



Education & Training

Education and training was the main area of funding for HIWCF in 2016, receiving 19% of grant awards. These grants enabled local charities and community groups to improve life opportunities for a wide range of individuals through training workshops, work experience, apprenticeships and volunteering. Retraining and work-readiness skills were enabled in areas such as horticulture and plumbing, and essential cookery equipment was purchased to enable young people to learn a new skill.

- 58 grants totalling £197,841
- At 33% Portsmouth received the highest amount of spending
- Approximately 7,520 people benefitted
- Approximately 1,662 volunteer positions were supported
- 47% of grants supported young people aged 13-18
- 93% of funding went towards improving life skills, education, employability and enterprise

Case Study: Westside Community Association

Marnie has just completed a one year apprenticeship at Westside Community Centre, a position which was part-funded by their grant and set up in partnership with Sovereign Housing. This enabled Marnie to gain work experience and an Intermediate Level 2 qualification in customer service while also working at the pre-school and youth service attached to the community centre.

Marnie has now been offered a full-time role in the pre-school and is undertaking an NVQ2 in Child Studies, and she will be staying on at the centre to work in the office one afternoon per week. Well done Marnie!



Marnie's apprenticeship at Westside Community Centre has led to full-time employment



Employment & Labour

HIWCF aims to improve opportunities for the long-term unemployed, NEETs, people with multiple disabilities and disadvantaged and vulnerable local residents. Funding enabled local groups to provide apprenticeships, work training, job clubs and employment courses to support people in returning to work. Structured support was provided for young people with disabilities aged 16-26 who were facing the transition from education to employment.

- 17 grants totalling £149,730
- 48% of grant funding went to Southampton
- Approximately 1,426 people benefitted
- Closely linked to 'Education & Training', these two themes combined received 33% of our funding

Case Study: No Limits

No Limits is a local charity providing information, advice, counselling, advocacy and support to children and young people under the age of 26 in Southampton and Hampshire. The charity enables training for young people who are currently NEET to enable them to become fully work ready for the construction industry. The grant was used to cover the cost of course training, software licences, tests, accreditation, CV development and personal protective equipment. Training on employability skills including leadership, communication and social interaction were included to encourage employability awareness. The young people taking part came from some of the most deprived wards in Southampton, and 16 participants were supported to apply for work as a result of which they successfully gained employment.



No Limits training for the workplace



Environment & Rural Benefit

HIWCF grants benefitted the environment across our communities. Funding allowed local groups to improve family life in city centre accommodation, enabling carpets to be fitted to absorb sound where noise from neighbours was a huge issue. Grants also enabled a community village hall to replace old gas wall heaters which had become difficult to maintain and operate. Materials were also provided to enable sessions in schools teaching the history and heritage of the New Forest to ensure it continues to be enjoyed by future generations.

- 6 grants totalling £18,106
- 71% of funding went to New Forest
- Approximately 1,560 people benefitted
- 50% of funding went towards transforming access to, and engagement with the environment and public spaces

Case Study: Countryside Education Trust (CET)

CET is an environmental education charity focusing on the amazing diversity of habitat available in the New Forest. The group aims to connect people with the countryside and enables residential school visits for 2,000 pupils per year at their Victorian farmyard, also encouraging visits from young adults with learning difficulties.

Courses cover hedge laying, coppicing, and beekeeping. The Trust holds family days to encourage understanding of the value of native flora and fauna, the local environment and the animals dependant on it to encourage engagement and longevity



Family day in the New Forest



Healthy Living & Sport

HIWCF encouraged a range of healthy living and sporting activities. Funding enabled local groups to purchase sports equipment, refurbish play areas and enabled weekly exercise classes to run with qualified instructors. Grants also provided respite breaks for young carers, allowed volunteers to gain vital coaching qualifications and supported the renovation of a one acre site to produce healthy food. Specially trained assistance dogs were provided for injured and disabled members of both the armed forces and the emergency services to give practical support and enhance quality of life.

- 32 grants totalling £48,104
- 58% of funding went to the Isle of Wight
- Approximately 5,543 people benefitted
- 25% of funding supported young people aged 13-18

Case Study: Cowes Sailability Club (CSC)

CSC is a registered charity offering adults and children with physical disabilities, learning difficulties and debilitating long term health conditions the opportunity to get out on the water and take the helm if they wish, as for some their disabilities can be quite isolating.

Sailing enables members to meet new people, make new friends and keep active whether it is a gentle sail on the river or a more exhilarating afternoon on the Solent. CSC received a grant towards a new boat engine, enabling the group to continue to safely inspire people to live their lives to the full and leave them with memories they and their families will always treasure.



Cowes Sailability Club provides a wide range of recreational sailing and boating opportunities for people with disabilities.



Housing & Homelessness

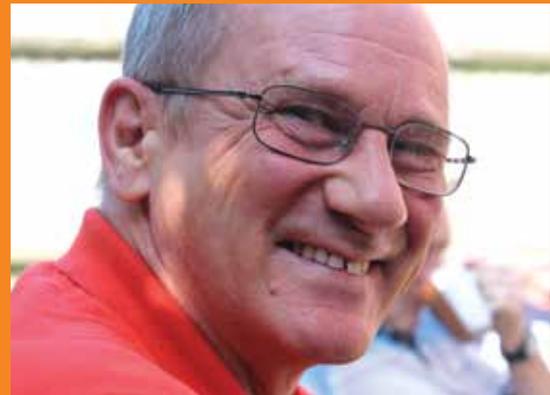
With 72% of homeless people believed to be facing mental health issues according to Homeless Link, HIWCF provided grants to enable longer-term supportive housing for former rough sleepers, vulnerably housed people or those at risk of street homelessness. The statistics also show that only 6% of homeless people are in employment and the Foundation supported a six month pilot project encouraging disengaged 18-25 year olds to get involved with new skills training and employment options to help them get back on track and improve their personal circumstances and wellbeing.

- 4 grants totalling £6,000
- 75% of grants supported adults aged 28-65
- Approximately 40 people benefitted
- 67% of investment went towards 'Improving life skills, education, employability and enterprise'

Case Study: Dwelling Place

The Dwelling Place helps former rough sleepers and people at risk of homelessness including ex-offenders, those affected by illegal substances, alcohol addiction or poor mental health by offering them a safe place to stay until they are ready for sustainable independent living.

The Dwelling Place's grant went towards a project worker supporting residents to maintain their accommodation, assist with the challenges of personal budgeting, benefit applications and employment advice and help individuals cope with communal living. Providing such skilled support can be a significant factor in breaking the cycle of homelessness and enabling independent living.



Dwelling Place residents doing extremely well



Mental Ill Health & Physical Disability

HIWCF aims to advance people's physical and mental health and funding enabled local groups to provide support for adult dementia groups, children in emotional distress, exercise sessions for those recovering from cancer and family holidays for a child with a life limiting illness. Grants were also used to help purchase emergency equipment including a defibrillator, organise trips for those with disabilities and provide learning programmes to help people suffering brain injuries re-engage with employment.

- 75 grants totalling £159,969
- At 21% Portsmouth received the highest amount of spending
- 37% of grant awards went to adults aged between 26-65
- Approximately 7,696 people benefitted

Case Study: Eastleigh Borough & Romsey Mencap Society (EBR Mencap)

EBR Mencap used their grant to take members with learning disabilities for a summer trip to Hillier's Arboretum near Romsey.

The visitors were given a tour of the gardens by a horticulturalist to increase their knowledge and to encourage them to explore new areas and find new things. Some of the group members have very limited financial resources and don't get much opportunity to see new places and the peaceful environment in the gardens proved to be very relaxing and calming.

Following the visit, the group were asked to create artwork to encapsulate their experiences of the day.



EBR Mencap members on day trip to Hillier's Arboretum.



Poverty & Disadvantage

In 2014/15 there were 13.5 million people living in low-income households, representing 21% of the UK population, according to the Joseph Rowntree Foundation. HIWCF work towards alleviating poverty and disadvantage through keeping vulnerable people warm in winter, supporting the local foodbanks, providing advice services including debt counselling, assisting weekly community support groups with their running costs and purchasing emergency furniture packs for those in need.

- 67 grants totalling £159,976
- 54% of grants (36 of 67) went to the 25 most deprived wards, representing 47% of the monetary spend
- Approximately 5,713 volunteer positions were supported and 2,174 people benefitted
- 75% of spending went towards promoting the reduction of isolation and disadvantage and access to local services
- 36% of grants supported seniors aged 65 and over

Case Study: Basingstoke Foodbank

Basingstoke Foodbank provides a three day emergency pack containing food and household items including personal and domestic hygiene products and starter packs containing kitchen basics to help vulnerable and disadvantaged people in need.

The organisation also provides a café area to enable staff and volunteers to sit down with clients and give them some light refreshment while lending a listening ear and to offer signposting to other agencies that can help.

The foodbank used their grant to support their running costs, and last year were able to distribute 2,869 emergency packages for those in crisis in 2016.



Volunteers at Basingstoke Foodbank



Social Inclusion, Fairness & Equality

HIWCF activity has supported a more inclusive Hampshire, Southampton, Portsmouth and Isle of Wight. Funding allowed local groups to provide a weekly drop in centre enabling racial and cultural integration, and helped young people with dwarfism break down barriers and build strong new friendships through swimming sessions. Tools were purchased for a bicycle recycling project enabling men to talk more openly about depression and loneliness while one group worked toward raising awareness of transgender issues.

- 33 grants totalling £55,356
- 42% of spending went towards 'Promoting the reduction of isolation and disadvantage and access to local services'
- Approximately 3,265 people benefitted
- 35% of grant money provided for this issue went to the 25 most deprived wards

Case Study: Avenue MultiCultural Centre

The Avenue Multicultural Centre supports asylum seekers and refugees and their grant was provided to help decrease social isolation and provide activities otherwise unavailable to those attending the centre. This included IT tuition, music, craft and celebratory events to encourage community cohesion and reduce the risk of social exclusion. The activities encouraged people from a wide range of ethnic, religious and cultural backgrounds to mix and develop a greater understanding of other cultures and origins, as well as gaining a broader understanding of British culture. The group supports approximately 70 beneficiaries and operates in an environment where individual histories are embraced and where friendships are made between people of many different cultures, resulting in improved confidence and self-esteem.



Volunteers enjoying a rest at Avenue Multi Cultural Centre



www.hiwcf.com

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